

Activity  
Pack

# Create Together

Nottingham  
Refugee Week  
2021



# Welcome

National Refugee Week is a gesture of welcome and solidarity. In Nottinghamshire, it's a celebration of the cultural richness and contributions that refugees and asylum seekers bring to our home.

We have created this fun activity pack as invitation to connect, create and imagine a better world.

Each year refugee week has a different theme. This year's theme is 'we cannot walk alone' and this pack will help you explore what that means. It will help you reach out and connect with others. Whoever and wherever you are, we hope you enjoy it.

This activity pack is designed for anyone between the age of 6 and 15 years old and is filled with exciting activities to do alone or with other people. Younger children might like to ask for help from parents, guardians or older siblings. For the older artists out there, we hope this inspires you to continue your creative journey beyond this activity pack.

## Share your work with us

We would love to see what you make using this activity pack. Share it on social media and tag:

 @CityArts  @CityArtsNotts

# Contents

- 3**      **Origami Love Heart**  
Fold paper to make a simple heart to keep for yourself or give as a gift.
- 4**      **Acrostic Poem**  
Follow the simple rule to write something beautiful. All you need is your pencil and your imagination.
- 5–6**    **Painting to Music**  
Get your paints ready and listen to some of your favourite music and let your creativity flow.
- 7–8**    **We Cannot Walk Alone**  
This is your chance to release your creativity and show us what 'We cannot walk alone' means to you. You could draw, paint, write a poem or a story, its up to you.
- 9–10**   **Neighbourhood Scavenger Hunt**  
We encourage you to go outside for this activity but please remember to do this safely. Always go with someone else, tell someone where you are going and follow any government restrictions or guidelines that are in place.
- 11**     **Drawing Faces**  
Using the instructions provided, create a colourful face.
- 12**     **Puppet Making**  
Make a new friend, give it a face, a voice and a name.
- 13–14**   **Notes**  
These pages are left blank for notes, doodles or sketches.



# Origami Love Heart

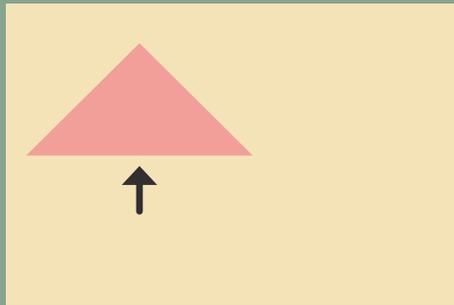
The word Origami comes from the Japanese words Ori meaning folding, and Kami meaning paper. In this activity you can have a go at making your very own Origami Love Heart.

## Materials needed

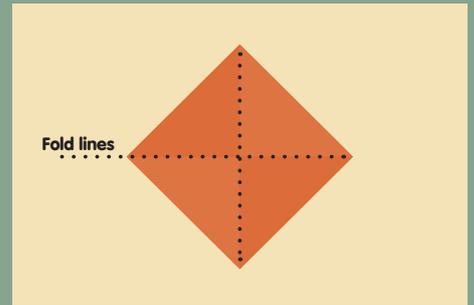
Square Origami paper



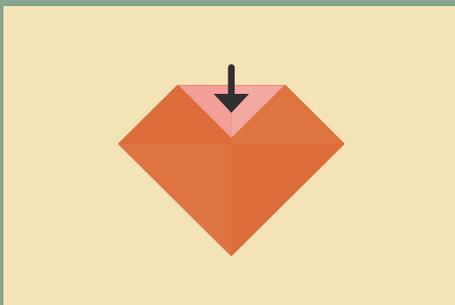
1 Place your square piece of origami paper in front of you so it has a point at the top and a point at the bottom.



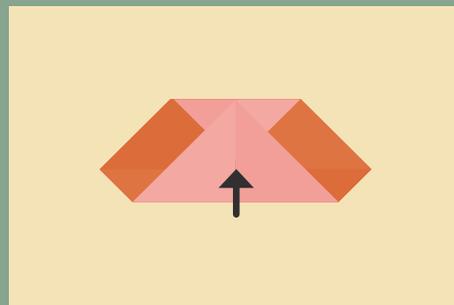
2 Fold paper in half by taking the bottom point up to the top point. Unfold the paper so it is flat again. Spin and repeat with the other 2 points.



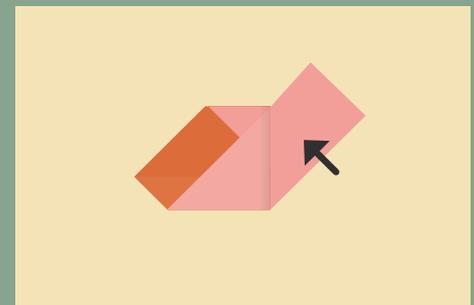
3 Unfold the paper so it is flat again. You should now have two lines where you have folded your paper making the shape of a cross.



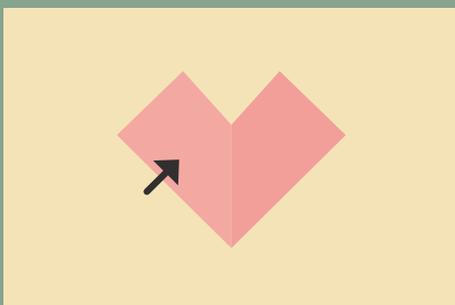
4 Bring the top point of the paper to the centre where your two lines cross and fold.



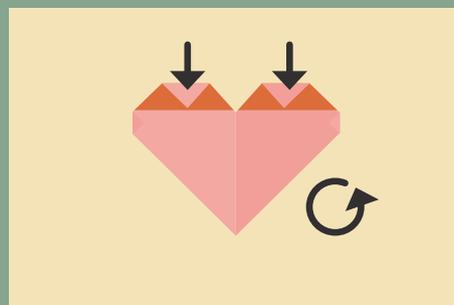
5 Bring the bottom point up to the very top of the paper and fold.



6 Fold the right side of the paper along the fold line seen in picture, up so it lines up with the centre.



7 Fold the left side of the paper up so it lines up with the centre.



8 Turn over your folded paper and slightly fold down the two points at the top and the two points on the side to round off the edges of your heart.



9 Turn you folded paper over and there you have your Origami Love Heart. You could decorate your heart with a face or a pattern. **Tip** if you turn you love heart over you can slip a little note in the back if you would like to give it to someone as a gift!

# Acrostic Poem

An acrostic poem is a poem describing a topic word. The topic word is written vertically down one side and you use each letter of the topic word as the first letter of each line.

## Materials needed

Pencil  
Sketchbook

## Instructions

Can you make an acrostic using the word FRIENDS or maybe you can come up with your own topic word?

## Remember:

Each line must be related to the topic word. It can rhyme but it doesn't have to.

Here is an example...

**F**un and laughter all the time

**R**eally kind and makes me smile

**I**ncludes me and doesn't leave me out

**E**ncourage me to do my best

**N**ever nasty, mean or mad

**D**epend on each other when times are tough

**S**uper friends will always be there



# Painting to Music

Lots of things can change the way we paint, where we are painting, what we are painting and even the mood we are in. In this activity, we are using music to influence our creativity and paintings.

## Materials needed

- Paint
- Paint brushes
- Sketchbook
- Music player
- Variety of music



1 Set up your painting equipment – lay out your paper, paint brushes and paint.



2 Start by warming up your ears! Sit in silence, close your eyes and notice the sounds around you - are there some cars in the distance? or some birds singing in the trees? Listen for 1 minute.

Can you write a list of all the sounds you heard?



## Sounds i heard...

---

---

---

---

---

---

---





3 Pick a piece of music to listen to, close your eyes again and listen for at least 1 minute.



4 Play the same song again but this time pick your paint brush up and paint along!

Can you write a list of words that describe what you heard?

What i heard in the music...

---

---

---

---

---

---

---

---

Its important to remember there are no right and wrong ways to paint along, you can paint whatever you feel like painting.

Now try it again but using a different piece of music, how is this painting different to your first painting?



**We Cannot  
Walk Alone**



# Neighbourhood Scavenger Hunt

Sometimes, we can get so used to our surroundings we stop noticing all the interesting things that make that our environment unique. This activity encourages you explore where you live whilst looking for specific objects along the way.

## Materials needed

Pencil  
Scavenger hunt list  
Sketchbook or Camera

## Instructions

Go for a walk around where you live, can you find everything on this list?

For each object you find can you draw a picture or take a photograph of it?

- a red door
- a leaf on the ground
- a for sale sign
- a red car
- a bird
- a lamp post
- a garden fence
- some bricks
- a post box
- a cat
- a childrens play park
- a bus stop
- a flower
- a large tree
- an old building
- a shop
- an insect
- a street name you like
- a car number plate with the letter m in it

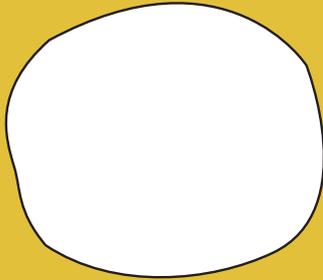


# Drawing Faces

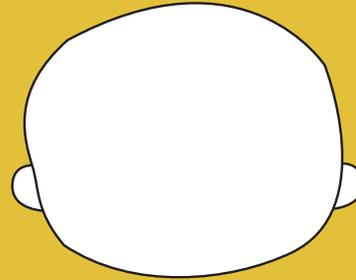
We see so many faces every day and each one is different and beautiful in their own way. In this activity you can use your imagination to create your own unique faces.

**Materials needed**  
Pencil  
Colouring pencils  
Sketchbook

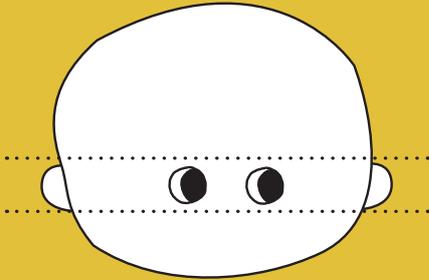
**Instructions**  
Follow these steps to draw your own face. Maybe try and draw some of your family and friends and friends too!



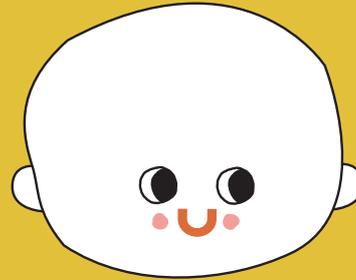
1 Draw your head shape, round, square, oval or heart shape?



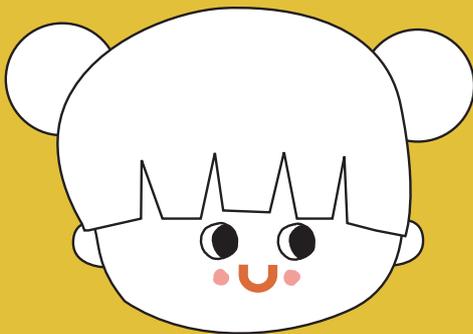
2 Add some ears.



3 Draw your eyes level with your ears.



4 Add your mouth and cheeks.



5 Draw some hair.



6 Add any accessories you like and colour!

Here are some examples of eyes, noses and mouths you could use.



# Puppet Making

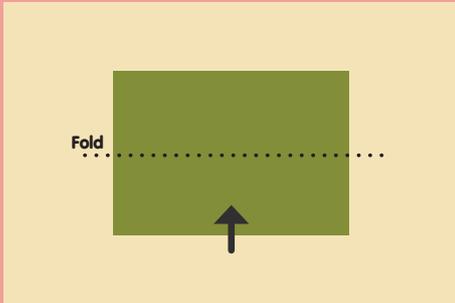
Puppets are a fun way of creating a character and bringing them to life. Can you create your own puppet and give them a name and personality?

Materials needed  
A4 coloured paper  
Colouring pencils  
Stick on eyes

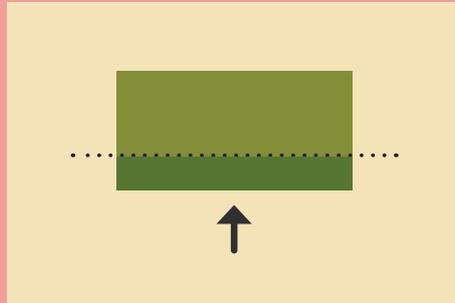
Scissors  
Glue

Key

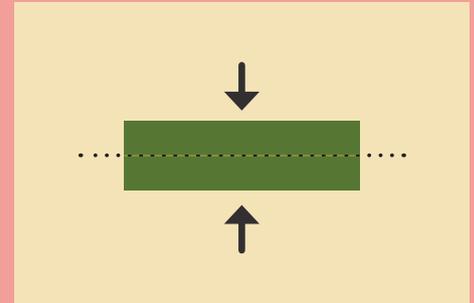
 Paper front  
 Paper back



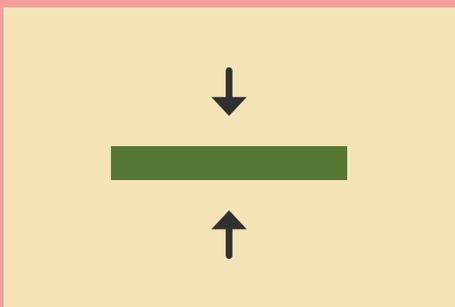
1 Lay your paper flat, so the long side is along the bottom. Fold your paper in half by taking the bottom up to the top. Open it up again so you have a fold line going through the middle of the paper.



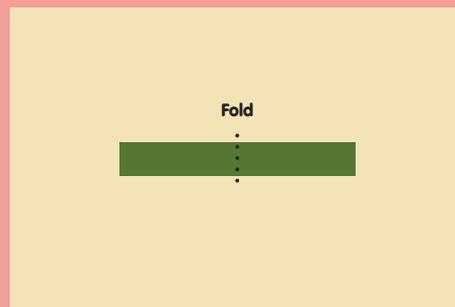
2 Take the bottom side and fold it up to the fold line in the centre.



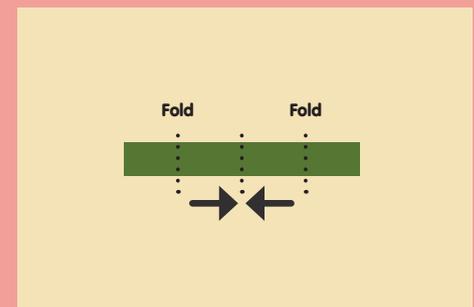
3 Do the same with the top side, folding it down to meet the fold line in the centre of the paper.



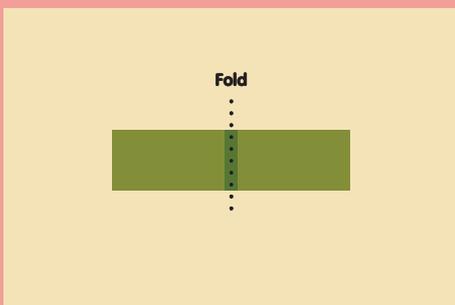
4 Fold this in half, along the fold line in the centre of the paper.



5 Fold this in half, this time by bringing the two short ends together so there is another fold line in the centre, this time the fold line should be vertical.



6 Open this back up and take one of the ends and fold it in to the vertical line in the centre. Do the same with the other end.



7 Fold this shape back on itself.



8 Insert your fingers in to the top and bottom hole to make your puppets mouth talk. Take another piece of paper and cut out a tongue – your tongue can be any shape you like. Stick this tongue into the mouth of your puppet.



9 Continue to decorate your puppet, with paper or pencil crayons, give your puppet some eyes, a nose, some ears maybe even some teeth!

What is your puppets name and how do they speak?  
Can you introduce them to someone you know?

# Notes

Use this space to make notes, draw or doodle





Nottingham  
City Council



Refugee  
Week

Thoughts  
Make  
Things

Design + Illustration by  
thoughtsmakethings.com